

NAME: \_\_\_\_\_

# PURPLE Belt Curriculum

You Must Know & Understand

**Your Form:** Taekguk 2 (EE JANG) Half Part

Your Basic Hand techniques:

**Your Kick:** Downkick, round kick, down kick

Knife Hand

**Your Breaking:** Down Kick

\*Refer to Yellow-White

**Sparring:** Fastkick, Roundkick, slide back, Roundkick

Your Stances:

Back Stance

\*Refer to Yellow-White



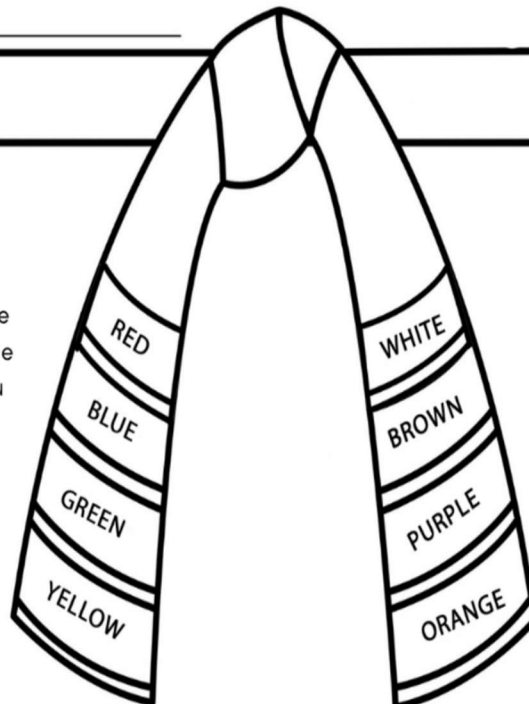
# EAGLE TAEKWONDO

Name: \_\_\_\_\_

\_\_\_\_\_

Color your belt color.  
Color in your stripes when the instructor says you have earned it during class. Once all stripes are colored, you may schedule for testing.

What color is your belt now?  
\_\_\_\_\_



## STRIPES CHECKLIST

- RED- FORMS
- BLUE- SPARRING
- GREEN - BREAKING
- YELLOW - KICKING
- WHITE - CHALLENGE
- BROWN- KNOWLEDGE
- PURPLE- PERFORMANCE
- ORANGE - FITNESS



## QUESTIONS

Must Know **Spirit of Tae Kwon Do**

**Courtesy, Integrity, Perseverance, Self Control,  
Indomitable Spirit ma'am/sir!**

**COURTESY** (*respond with any of following*)

- *Always be kind to others ma'am/sir!*
- *Be Polite to one another ma'am/sir!*
- *Respect others ma'am/sir!*

**Examples of courtesy include:** *showing up early, saying please and thank you, helping an elder, holding the door open for someone.*



Written Test

Purple Belt Testing for Purple-H Belt

What is Courtesy? Give me a **personal** example of when you were Courteous

What is the Spirit of Taekwondo?

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_